

A photograph of three men of different ethnicities and ages smiling in a gym. The man on the left is Black, the man in the middle is white, and the man on the right is Asian. They are standing near a treadmill. The man in the middle is holding a water bottle. The background shows gym equipment and a window.

5 Things to Know about Men's Health

Move it,
Move it,
You like to
move it!

**ANSWER
CANCER**