



Skills for life

# Job Searching & Confidence Building for Over 50s

 Tuesday 18th October | 12.30pm-4.30pm

 Cornerstone, 2 Edward Street, Stockport SK1 3NQ

Need help and inspiration finding a new job or changing careers? Join our Over 50s Training Session to learn about online job searching techniques, explore local vacancies that match your transferable skills and get help with your CV and job applications. Receive 1-2-1 coaching and mentoring to grow your self-esteem, build resilience and gain practical skills to improve your confidence.

**To book a space on this free course, call 0161 474 2862 or email [customer.training@stockporthomes.org.uk](mailto:customer.training@stockporthomes.org.uk)**