

# Preventing and reducing gambling harms in GM

Anyone can be affected by gambling harms. We can all be a part of the solution.

Gambling is often described as a hidden harm, however it often goes undetected because we aren't equipped to identify and screen for gambling as a source of harm. The first step to providing support to our residents is to grow our knowledge and skills to understand gambling related harms.

## Where can I find out more?

1

Training and awareness

2

Involving lived experience

3

Resources and media

### Children and young people



**Gambling With Lives**

- Interactive and independent lived experience-led education sessions and resources for 14-16yr olds, matched to PHSE module requirements

[www.gamblingwithlives.org](http://www.gamblingwithlives.org)

[james@gamblingwithlives.org](mailto:james@gamblingwithlives.org)



**YGAM and Beacon Counselling Trust**

- Direct delivery and train-the-trainer sessions and resources for children and young people aged 10-19yrs (and parents), including gaming and gambling

[www.ygam.org](http://www.ygam.org)

[hello@ygam.org](mailto:hello@ygam.org)

### Training for front-line professionals



**Beacon Counselling Trust**

- Tiered training offer with follow up resources for all participants:
  - Online / in-person awareness session (1-2hrs)
  - Accredited Level 2 award for staff and volunteers involved in providing brief interventions (1 day)
  - Train-the-trainer module

Free to organisations supporting: the criminal justice system, armed forces communities, people experiencing homelessness, South Asian communities, or signatories to the Workplace Charter.

[beaconcounsellingtrust.co.uk/problematic-gambling](http://beaconcounsellingtrust.co.uk/problematic-gambling)

[bych@beaconcounsellingtrust.org](mailto:bych@beaconcounsellingtrust.org)

[bych@beaconcounsellingtrust.org](mailto:bych@beaconcounsellingtrust.org)

### Thematic training



- Focused training sessions (2hrs) covering criminal justice and women and gambling

[gamcare.org.uk/outreach-and-training](http://gamcare.org.uk/outreach-and-training)

[christopher.walker@gamcare.org.uk](mailto:christopher.walker@gamcare.org.uk)

(criminal justice)

[sarah.fox@gamcare.org.uk](mailto:sarah.fox@gamcare.org.uk) (NW lead women's programme)

The GMCA has partnered with Gambling With Lives to develop a series of interactive resources for people working in health (GPs, mental health and social prescribers) and other public services, as well as for people experiencing gambling addiction / disorder. If you want to be involved in the production of these resources, get in touch:

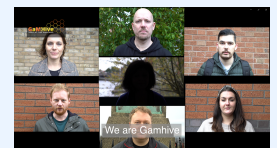
[jo.evans@greatermanchester-ca.gov.uk](mailto:jo.evans@greatermanchester-ca.gov.uk)

## Involving people with lived experience to develop your service offer



We are GamHive. A lived experience group brought together to help raise awareness of gambling related harms in Greater Manchester.

We want to combat stigma around gambling addiction, give guidance to local services to help identify and signpost those who may be experiencing harm, directly or indirectly, from gambling. By sharing our experience, we are here to help and hope that by doing so we can impact policy change within Greater Manchester.



[www.gamhive.co.uk](http://www.gamhive.co.uk)

[info@gamhive.co.uk](mailto:info@gamhive.co.uk)

## Other sources of information about gambling related harms



Share and discuss

[@MattGaskell](https://twitter.com/MattGaskell)  
[@Gambling Research Glasgow](https://twitter.com/GamblingResearchGlasgow)  
[@Henrietta Bowden-Jones](https://twitter.com/HenriettaBowdenJones)  
[@Gambling Health Alliance](https://twitter.com/GamblingHealthAlliance)  
[#gamblingharms](https://twitter.com/gamblingharms)



Listen

"All Bets Are Off" is a gambling addiction recovery podcast covering a range of relevant topics, led by lived experience



Watch

This powerful [documentary featuring ex-footballer Paul Merson](#) explores the causes and impacts of gambling addiction

Visit [www.greatermanchester-ca.gov.uk/what-we-do/health/gambling](http://www.greatermanchester-ca.gov.uk/what-we-do/health/gambling) for information and updates on the GM gambling harms programme