

**THE DROP IN**

**Every Monday 11am-1pm**

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**A drop in session for people living with Dementia**

**with their carers!**

**A drop in café to support each other, offer guidance & meet new people!**

Held at The Upper Rooms Cafe Cheadle, part of St Mary’s Church. A local Community café, & a comfortable, accessible and informal setting.

**For more information don’t hesitate to call the Community Hub on 0161 804 4416**

**(please leave a message for a call back)**

 The Upper Rooms, 11 Wilmslow Rd, Cheadle, Stockport

SK8 1DW

Enter via the back of Tesco Express, next to Massie Street car park

