

# // 11-19 years old?

Message your school nurse for  
confidential advice and support

We help young people  
with all kinds of things like...

Health  
worries

Mental  
Health

Emotional  
Health

Sexual  
Health

Alcohol  
and  
Drugs

LGBTQI+

Relationships

Anxiety  
and  
Self Harm

**07480 635227**

and chat with  
a School Nurse

Smoking

Healthy  
eating

Scan the QR code for  
privacy information:



**STOCKPORT**  
METROPOLITAN BOROUGH COUNCIL



**NHS**

Stockport  
NHS Foundation Trust