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| **Armed Forces and Veterans (AF&V) Activities in Stockport** |
| **Day** | **What** | **Where & When** | **Cost** |
| Monday | Autism and Brain Injuries Social Group (Disability Stockport)Contact Gav Jones | Disability Stockport, 23 High Street, Stockport2nd and 4th Monday of the month 4-6 pm | free |
| Monday | Op Elevenses – Stockport Armed Forces Community Organisation (SAFCO)Brew, butties and banter, social group  | Brinnington Community CentreHereford Road, BrinningtonWeekly 11 am to 1 pm | drinks & biscuit free £1 for bacon/sausage barm |
| Tuesday | AF Community Hub- SAFCOBrew, chat and activities | Hazel Grove Civic HallLondon Road, Hazel GroveWeekly 11-2pm | drinks, hot snacks, free donations accepted. |
| Tuesday | Ex Forces Park Brunch meet upBrew, scran and banter social group (Disability Stockport)Contact Gav Jones | Etherow Country Park, George Street, Compstall Weekly 10:30 -12:30  | Refreshments to purchase in café10% discount for AF Community |
| Wednesday | All Abilities Exercise Session (Disability Stockport)Contact Gav Jones | Pyramid Performance Gym, 4 West Street, Stockport. Weekly 1 pm | free |
| Thursday | NAAFI Break Stockport – social groupContact Mark Ward | Stockport County FC, Hardcastle Road, Stockport,Weekly 10-12 | Free drink and biscuit£2 for bacon/sausage barm |
| Thursday  | NAAFI Break Handforth – social group | Handforth Youth Centre, Old Road SK9 3AZ weekly 10-12 | Free |
| Friday | Veterans Morning – Brew, Butty and BanterContact Julie Holland Veterans Food CompanySocial activity, peer support, input from advice and welfare services | The Produce Hall, Stockport Market Place Weekly 10-12 | Food to purchase, Drinks - donation |
| Friday | Veterans FootballSCFC Community TrustContact Mark Ward | Power LeagueWeekly 6-7 pm | Free |
| Saturday | AF&V Breakfast Club – social activity, peer supportContact Maurice Perkins, Paul Lomas | The Mickerbrook, Councillor Lane, Stockport1st Saturday of the month 10-12 | Breakfast buffet service to purchase plus unlimited tea and coffee |
| Saturday | AF & Emergency Services Breakfast ClubSocial activity, peer supportContact Dave McGarrie | The Bulls Head, Hazel Grove, Stockport3rd Saturday of the Month 10-12 | Breakfast and drinks to purchase |
| Saturday | Meet & Chat | The Blossoms, Wellington Road, Stockport2nd Saturday of the month  |  |