

# ACTIVITIES FOR CARERS & BEREAVED CARERS

**21ST OCTOBER (EVENING): TIME FOR YOU! THE CAROUSEL, REDDISH - FOR ALL CARERS**

**29TH OCTOBER (AM) ART GROUP, THE HEATONS CENTRE/ONLINE - FOR ALL CARERS**

**1ST NOVEMBER (PM): CARERS DROP IN, MORRISONS CAFÉ, REDDISH - FOR ALL CARERS**

**5TH NOVEMBER (AM:) WALK AND TALK, REDDISH VALE - FOR BEREAVED CARERS**

**7TH NOVEMBER (AM): SUNDAY BRUNCH CLUB, SYKES BISTRO, REDDISH - FOR WORKING CARERS**

**18TH NOVEMBER (EVENING): TIME FOR YOU! THE CAROUSEL, REDDISH - FOR ALL CARERS**

**25TH NOVEMBER (EVE): CARERS RIGHT'S DAY: LEGAL MATTERS, REDDISH (VENUE TBC) - FOR ALL CARERS**