



Events for Carers and Former Carers November 2022

General Drop-Ins and Carer Support

Offerton Library, Monday 7th 2-4pm

Brinnington Library, Monday 14th 2-4pm

Cheadle Hulme Library, Monday 21st 2-4pm

Reddish Library, Monday 28th 2-4pm

Heald Green Carers Hub

Heald Green Village Hall Thursday 10th 10-1pm

Stockport Mind's Mental Health Carers Drop-In

Quaker Meeting House, Wednesday 16th 10-12pm

Time for a Pint?

(Male only) Hinds Head, Heaton Chapel

Tuesday 1st 1-3:30pm

(Mixed) Ring O' Bells, Marple

Tuesday 15th 1-3pm

(Mixed) Ashlea, Cheadle

Wednesday 23rd 1-3pm

Creative and Learning Sessions

Creative Writing

Heatons Centre, Thursday 10th 2-4pm

Recycled Paper Art

Heatons Centre, Fridays 4th, 11th, 18th, 25th 11-1pm

Woolly Crafters

Heatons Centre, Wednesday 16th 2-4pm

Christmas Card Making

Heatons Centre, Wednesday 9th, 23rd 11-1pm

Active Sessions

Historic Walk: Stockport Underbanks

Thursday 10th 11am-1:30pm

Walk to Fitness

High Lane Medical Centre, Monday 14th 10:30am-12:30pm

Working Carer Support

Sunday Brunch Club

The Bubble Room, Bramhall, Sunday 20th 10:30-12:30pm

Monthly Meet-Up

Berretto Lounge, Stockport, Wednesday 16th 5-8pm

Caring and Careers Monthly Meet-Up

(Zoom) Thursday 24th 11-12pm

Former Carer Support

Walk and Talk

Bramhall Park, Friday 4th 10:30-12:30pm

Former Carers Meet-Up

Berretto Lounge, Stockport Tuesday 1st, 15th and 29th 11-1pm

To book a place, or for more information, please call our friendly team or visit our website

0161 442 0442

www.signpostforcarers.org.uk/signpost-events/

Annie's Café

Vintage Tea Room

The Heatons Centre

**First Monday of every month
11-1pm**

Carers Rights Day

Legal Matters talk from Shane at Clifford Johnston & Co.

Central Library Thursday 24th 1-3pm

Dementia Specific Support

Dementia Support Group

The Heatons Centre Tuesday 1st 7-8:30pm

Cheadle Hulme Dementia Drop-In

Kenilworth Pub, Cheadle Hulme

Thursday 3rd, 17th 11:15-12:45pm

Memory Assessment Service Clinical Drop-In

Weekend Day Centre, Ada Kay Centre Bredbury

Thursday 10th 2-5pm