

**Important information for parents and carers  
from Greater Manchester's public health team**

# Measles



Measles is one of the most infectious diseases in the world.

This means it is easy to catch and easy to spread.



People can be very ill or even die from it.



If you get measles when you are pregnant, it can harm your baby.



But there is a safe vaccination that can protect you.  
**This leaflet tells you about it.**



## How Measles spreads

It spreads in the air when someone coughs or sneezes.



## What are the symptoms?

High temperature and skin rashes.



## What problems can Measles cause?

Adults, and babies (under 12 months) are more likely to have other problems with it.



In some cases Measles can cause chest infections, fits, swelling of the brain and brain damage.



Children may have to go to bed for about 5 days and miss about 10 days of school.



## Vaccine

You will be asked by school or your Doctor to have your child vaccinated. **Please give your permission.**



The vaccine is called an MMR jab. It protects your child from Measles, Mumps and Rubella.



Your NHS states there is NO link between this vaccine and autism.



**The vaccine is used all over the World and is as safe as any other**



**Contact your GP if you have any questions or concerns**

**Find out more at [www.nhs.uk/conditions/measles/](http://www.nhs.uk/conditions/measles/)**