

## Therapy ADULTS ANIMAL THERAPY



£5 per adult (carers/parents free) @ Independent Options, Marbury Rd, Heaton Chapel, SK4 5NU

Friday 26th April, 24thMay, 21st June, 12th July & 13th September 11am - 12.30pm (please arrive promptly)

Our animal therapy sessions are run in conjunction with the Inspiring Animal Therapy team and is for any adult with a disability. The session is effective in helping to gain confidence and trust and helps to improve self esteem and happiness. A calm and welcoming group.

Tea/coffee, juice/water provided

BOOKING ESSENTIAL

For more information or to book please contact Julia jmaunder@ionw.org





