



BOOST YOUR  
MIND, BODY & SOUL

**BRINNY**

# BOOST CAMP

**JOIN OUR END OF WEEK  
STRESS BUSTER WITH  
CHERYL B**

**GET SWEATY, HAVE FUN AND MEET NEW PEOPLE  
FULLY INCLUSIVE AND ALL ABILITIES WELCOME**

**FRIDAYS AT 7.00PM.**

**BRINNINGTON PARK LIFE LEISURE**

**FOR MORE INFORMATION AND TO BOOK, CONTACT:**

**CHERYL : 07725 125786**

**STEVE @BOOST : 07808 773264**



**BOOST**  
STOCKPORT

**STOCKPORT  
COMMUNITY**  
*Champions!*



**@booststockport**



**@booststockport**



**booststockport**