SignPost WELLBEING FOR CARERS

Have you cared for someone that has passed away or has moved into full time care?

Join us for a chat and an opportunity to treat yourself to tea, coffee and maybe a cake.

For more info, or to express interest please contact Natalie on 0161 442 0442.



Held fortnightly on Tuesdays,
starting 29th June 2021
11-1pm
Beretto Lounge
Redrock, Bridgefield St,
Stockport, SK1 1SA

