

# We support Ex-Forces men and women with traumatic & acquired brain injuries, to help them improve their wellbeing and their quality of life



Understanding neurodivergence, promoting inclusion and equality, and helping to reduce social isolation within Greater Manchester and Cheshire

Do you struggle with....

- Speech difficulties
- Social interaction & environments
- Processing visual information & problem solving
- Short term memory, concentration, mood swings
- Increased fatigue (mental and physical) and low mood
- Behaviour and personality changes
- Physical and sensory abilities

**We can help.**

**Please get in touch with Gav Jones if you want advice or need support**

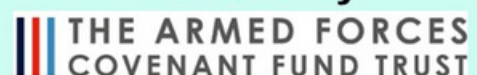
Contact Gav Jones (Veteran Services Manager) on:

Mobile/Text/Whatsapp: 07458 306246

Landline: 0161 480 7248

Email: [gavin.jones@disabilitystockport.org.uk](mailto:gavin.jones@disabilitystockport.org.uk)

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