

Evaluation of the feasibility of a RCT of Empowered Conversations: a training to enhance relationships and communication between family carers and people living with dementia

Initial information about this study

- We are looking for informal and family carers, or care partners, who are over 18 and caring for someone living with dementia.
- You are being invited to take part in a research study that is investigating the feasibility of a Randomised Controlled Trial (RCT) of the online Empowered Conversations course.
- Empowered Conversations is a training to enhance relationships and communication between family and informal carers and people living with dementia.
- If you decide take part you will have a 66% chance of receiving the Empowered Conversations course straight after your first appointment and a 33% chance of receiving the course 6-months after your first appointment.

What is Empowered Conversations?

It is a 6-week online dementia communication training course. The training sessions will last for 2-hours each week (with a break in the middle). Experienced facilitators will deliver each course.

Will I have to do anything else as part of the study?

- During your first appointment, you will be asked to complete several questionnaires that should take about 45- 60 minutes. You will be able to complete these online and over the phone, or at your home.
- Approximately 6-months after your first appointment, you will be invited to complete further questionnaires. For most of you this will be completed online and over the phone. But we can also come to your home if you prefer.

What happens if I do not want to take part or if I change my mind?

- It is up to you to decide whether or not to take part. If you do wish to take part please contact the study coordinator directly [insert details].
- If you decide to take part you are still free to withdraw at any time without giving a reason and without detriment to yourself.
- If you decide not to take part you do not need to do anything further.

Next steps

If you are interested in taking part then please contact the study co-ordinator Cassie Eastham – empowered@gmmh.nhs.uk or 0161 358 2505. You will be given more information about the study and the opportunity to ask any questions that you may have.