

PAPYRUS Training

SP-EAK: Suicide Prevention – Explore, Ask, Keep Safe (3.5hrs) – Zoom

The key objectives are:

- To consider the attitudes, myths and stigma that surround suicide
- To recognise and explore the ‘signs’ that may indicate someone is having thoughts of suicide
- To encourage an open, safe and sensitive conversation about suicide with a person having thoughts of suicide
- To support a safety plan with someone thinking of suicide

Dates:

Monday 31st January 2022

9:30 – 13:00

Platform: Zoom

Booking link: [[here](#)]

Thursday 3rd March 2022

9:30 – 13:00

Platform: Zoom

Booking link: [[here](#)]