



Volunteering - it's life-changing!

Home-Start volunteers support parents with young children, offering support & friendship through challenging times.



Volunteers are the heart of Home-Start - whatever your experience, and however much time you can give, we can support you to make a real difference to families in your community.

Home-Start volunteers support parents when they need it most – in the early years. The early years of a child's life have a huge impact on their future, and parents who have a source of support find it easier to cope with life's challenges. You'll be...



A friendly face - our volunteers visit weekly for a couple of hours, something both parents & children (and volunteers!) really look forward to.

A helping hand - something as simple as leaving the house can be hard with little ones. An extra pair of hands makes all the difference!



A listening ear - You'll be someone a parent can share their worries, thoughts and successes with.

We also have varied opportunities to volunteer with Cascade Family Essentials, providing children's clothes and essential daily items to families in need across Greater Manchester.

Find out more at home-starthost.org.uk or get in touch:

 **info@homestarthost.org.uk**

 **0161 344 0669 or 01204 216 537**



Home-Start HOST
Registered Charity no: 1135838