



We are supporting the **Mental Health Foundation** this May to bring together communities to improve understanding of mental health.

The week aims to tackle stigma and provide people with the information and tools to understand and prioritise their own mental health.

Workforce Development are offering **Connect 5 Module 1** to all staff across Stockport

Monday 19th May 10.00-13.00 Garners Lane Family Hub site

Tuesday 20th May 10.00-13.00 Stopford House

Wednesday 21st May 11.00-14.00 Sector 3 Merseyway Innovations Centre

Thursday 22nd May 11.00-14.00 Abingdon Road Family Hub site

Friday 23rd May 9.15-13.00 Online MS Teams

To book your place scan the QR code below or go to stockport.learningpool.com

