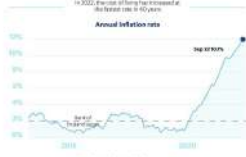


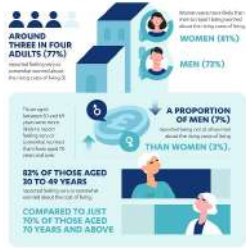
# THE COST OF LIVING CRISIS

EFFECT ON THE MENTAL AND FINANCIAL HEALTH

What is the 'Cost of Living Crisis'?



What does this mean for people's mental health?



The proportion of adults, aged 16 years and over, and level of worry about the rising costs of living by age group. Great Britain, 27 April to 22 May 2022.



**82% OF DISABLED PEOPLE (FOUR IN FIVE)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

**THOSE AGED 16 TO 29 YEARS** report feeling so worried about the cost of living that they are struggling to cope with daily life.

The proportion of adults, aged 16 years and over, and level of worry about the rising costs of living by disability status. Great Britain, 27 April to 22 May 2022.



**90% OF THOSE LIVING WITH A DEPENDENT CHILD AGED 16 TO 29** report feeling so worried about the cost of living that they are struggling to cope with daily life, compared to **just 10% of non-parents not living with a dependent child**.

The proportion of adults, aged 16 years and over, and level of worry about the rising costs of living by general status. Great Britain, 27 April to 22 May 2022.



**3 IN 10 ADULTS (31%)** earning less than £10,000 report feeling so worried about the cost of living that they are struggling to cope with daily life, compared to **just 1 in 10 adults (10%)** with a gross personal income of £30,000 or more.

Proportion of adults, aged 16 years and over, and level of worry about the rising costs of living by gross personal annual income. Great Britain, 27 April to 22 May 2022.



**UNEMPLOYED ADULTS (28%)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

**ADULTS WHO WERE DIVORCED OR SEPARATED (26%)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

**ADULTS WHO WERE WIDOWED (18%)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

**ADULTS WHO RENT THEIR HOME (21%)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

**ADULTS WHO HAVE A LOAN TO HELP PURCHASE THEIR PROPERTY (19%)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

**ADULTS WHO OWN THEIR HOME OUTRIGHT (24%)** report feeling so worried about the cost of living that they are struggling to cope with daily life.

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