

COUNTY'S ADULT ACTIVE GROUP

Socialise and make new friends in a warm, welcoming and relaxing environment. With opportunities to improve your health and well-being making positive long-term lifestyle changes.

Sessions are free of charge and refreshments will be provided.

WHERE Power League, Craig Road,
Heaton Mersey, Stockport,
SK4 2AP.

WHEN Every Monday,
10.30am – 12.30pm,
Starting February 7th 2022.



SIGN UP...

Bring this form along to your first session

First Name:

Last Name:

Date of Birth:

Address:

Telephone Number:

Email:

Do we need to know of any medical history?

Yes: No: If yes, please let us know below:

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Are you happy for us to take pictures and film sessions, this content may be shared on our website or social platforms?

Yes: No:

We take our responsibilities about handling your personal data seriously, by asking you to provide an email address we will send you a confirmation of your sign-up which will include a copy of our full Privacy Policy.

Alternatively, you can request a copy by emailing communitytrust@stockportcounty.com or giving us a call on 0161 266 2700.

Disclaimer: By booking onto County's Adult Active Group at the Power League Centre your information may be shared with other funding providers.

Sign here: