



Live at Ease Service Overview

Gavin Jones
Veteran Services Manager

My background

Before

I served in the HM Forces for 8 years, deployed to Gulf War

In between

10 year gap; physio & speech therapy, re-skill, further education

Now

My work recognised by HRH, and Central & Local Govt



- ☺ Studied 5 years of psychology; Forensic, Criminal, and Behavioural
- ☺ PTLLS
- ☺ ILM Level 3 Coach
- ☺ Trained Mentor
- ☺ Level 4 in Advice Work
- ☺ Level 3 in Debt Advice
- ☺ Mental Health First Aider
- ☺ Welfare Support Practitioner

My experience supporting the Armed Forces community



Setup, develop, and manage a specialised support service for Ex-Forces men & women living with disabilities, autism, ADHD, and brain injuries. Helping them to improve their independence, wellbeing, and quality of life, and help reduce their isolation. Covering Cheshire and Greater Manchester.



Manage a multi-agency advice service, attached to the Manchester City Council's Housing Solutions team as part of the council's homeless prevention strategy. Supporting clients with mental health difficulties who are homeless or at risk of homelessness



Setup and developed an Armed Forces Support Hub in Warrington, providing welfare, health & wellbeing support, homeless prevention, employment, and mental health support for those with complex needs. Covering Cheshire and the Wirral



Setup and developed an Armed Forces Support Hub at Broughton House as part of their £14million re-development, providing welfare, health & wellbeing support, homeless prevention, employability support, and mental health support for those with complex needs. Covering the North West



Regional Manager for the Transitions programme across the North West region, supporting Veterans' with health barriers to improve independent living and gain sustained employment

Cheshire Probation



Mentor Veteran offenders' who are deemed as high risk of re-offending

citizens advice

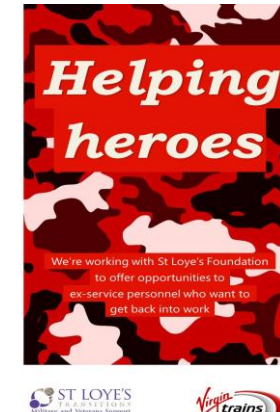
Undertaken various roles; mental health adviser, welfare benefits caseworker, training officer, advice manager, and managed a multi-site frontline advice service across Cheshire East, and Warrington.



Developed & Managed a non-clinical wrap around support service model, commissioned by GMMH NHS Trust in 2016 to be imbedded within their Veterans in Mind service, covering Cheshire & Merseyside



Organisational Lead for a commissioned substance misuse management pilot in partnership with Combat Stress covering Cheshire, the Wirral, and Merseyside



Developed & Managed 3 bespoke employability programmes helping Veterans' & early service leavers into Customer Service roles within the rail industry in partnership with Virgin Trains across the North West & Midlands



- Supported over 4000 Veterans with various health & welfare issues across the North West
- Developed the first ever 3rd sector non-clinical welfare wrap around support model to be commissioned and in bedded within a specialised NHS mental health service for veterans
- Sat on a COBSEO Action Group, ASDIC (Ministry of Defence supported) steering committee
- Sit on the NHS & CCG North West Veterans Mental Health network
- Created a North West network for frontline support workers who support Ex-Forces living with autism and disabilities (EFAD)

Supporting Ex-Forces men and women who have autism, ADHD, a disability, a brain injury, or complex needs



LIVE AT EASE

Helping to improve independence, wellbeing and quality of life, and help reduce isolation

Supporting equality, diversity and inclusion across Greater Manchester and Cheshire

What is 'Live At Ease'?



Promoting

✓ **Equality**

✓ **Diversity**

✓ **Inclusion**

Live at Ease, is a specific Ex-Forces support service within Disability Stockport (DS) and is the lead facilitator and Subject Matter Expert (SME) organisation of a unique 3 layered multi-agency service model with 'social prescribing', 'no wrong door', and 'trauma-informed' approaches imbedded within it.

Providing a collaborative and trusted single point of access (SPA) for those who have served in the Armed Forces, and living with a disability, brain injury, autism, ADHD, or long-term health conditions and complex needs that affect their capacity and executive functioning skills for independent daily living.

Supporting other statutory and non-statutory agencies, organisation's, and charities.

Live at Ease is a community focused service aimed at supporting Ex-Forces men & women (any length of service) with any kind of disability, or neurodivergence, and their families, who may be experiencing a deterioration in health & wellbeing, social exclusion, living in isolation, struggling with substance-misuse, reduced independent living, employability difficulties, or welfare issues that may or may not be connected to their military service.

Live at Ease brings together the four main elements of engagement, flexibility, co-ordination, and direct support within a 3 layered model approach to address gaps in service provisions and areas of need.



Our objectives

- ✓ Address the lack of support for Ex-Forces men & women who are Neurodiverse or have a Neurodevelopmental Disorder.
- ✓ Empower Ex-Forces men & women to take back control of their own life.
- ✓ Provide a pro-active approach to early intervention.
- ✓ Address & Reduce social exclusion and feeling of isolation.
- ✓ Integrate Ex-Forces men & women back into the community.
- ✓ Promote & Improve independent living, quality of life, and health and wellbeing.
- ✓ Create greater access to services through community focused NAAFI Break Information & Advice Drop-In's.
- ✓ Provide a 'No wrong door' approach to advice and support.
- ✓ Improve access to services and opportunities (share best practise).
- ✓ Raise awareness and educate by promoting Equality, Diversity and Inclusion.
- ✓ Reduce demand on NHS, GP, and Local Authority services.
- ✓ Improve support to Ex-Forces men & women with a disability and their families.

Addressing gaps in service provision & raising awareness

We support Ex-Forces men and women struggling due to autism, to help them reduce their social isolation, and help improve wellbeing, and quality of life



Understanding neurodiversity, promoting equality and inclusion within Greater Manchester and Cheshire

Some difficulties caused by autism are similar to those caused by PTSD

Do you have...

- Social communication difficulties
- Social interaction challenges
- Struggles with changes in routine
- Anxiety
- Over- or under-sensitivity to light, sound, taste or touch
- Experience meltdowns & shutdowns
- Autism within the family

We can help.

Please get in touch with Gav Jones if you want advice or need support

Contact Gav Jones (Veteran Services Manager) on:

Mobile/Text/Whatsapp: 07458 306246

Landline: 0161 480 7248

Email: gavin.jones@disabilitystockport.org.uk

Funded by
**THE ARMED FORCES
COVENANT FUND TRUST**

Working alongside and Supported by



We support Ex-Forces men and women, who are struggling due to ADHD, to help them improve their wellbeing, independence, and their quality of life



Understanding neurodevelopmental disorder, promoting equality and inclusion within Greater Manchester and Cheshire

Symptoms in adults include....

- Carelessness & lack of attention to detail
- Always starting new tasks before finishing old ones
- Poor organisational skills
- Always losing or misplacing things
- Forgetfulness
- Restlessness and edginess
- Difficulty keeping quiet, and speaking out of turn

We can help.

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Working alongside and Supported by



We support Ex-Forces men and women with traumatic & acquired brain injuries, to help them improve their wellbeing and their quality of life



Understanding neurodivergence, promoting inclusion and equality, and helping to reduce social isolation within Greater Manchester and Cheshire

Do you struggle with....

- Speech difficulties
- Social interaction & environments
- Processing visual information & problem solving
- Short term memory, concentration, mood swings
- Increased fatigue (mental and physical) and low mood
- Behaviour and personality changes
- Physical and sensory abilities

We can help.

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Service provisions

The service provisions focuses on the core business of assisting any Ex-Forces men & women with a disability, brain injury, ADHD, autism, or complex needs, of any length of service and any age, living within Greater Manchester and Cheshire in the following ways.



Veterans' with no disability and/or mental health difficulty, will be referred to the appropriate support services based on their individual needs

The four main elements

- We are a single point of contact for Veterans
- We hold a holistic view of the various services engaged with Ex-Forces
- We are a source of local knowledge and information
- We have a national & local overview of current and future issues which may impact Veterans' welfare/care and support

Co-ordination

- We have a safe & confidential meeting place for Ex-Forces and their families
- We can provide immediate front-line information and advice
- We provide coaching, benefits support, social inclusion, health & wellbeing activities, employability support and peer support

Engagement

- Providing the right environment and contact
- Both office based and within community
- Enable Ex-Forces to engage across a range of services
- Reduce the rate of disengagement and deterioration of a person's situation
- We will be there when we say, and we will do what we promise

Flexibility

- We understand the '**Veteran profile**' and barriers faced through disability, and neurodivergence difficulties
- We provide a 'person-centered' trauma informed approach to support
- We accommodate for each individual need
- We know what works today, might not work tomorrow, but might work next week

Direct support



The ethos of Live at Ease is to promote autonomy and independence to Ex-Forces men & women with a disability and their families, but also to be a trusted support to them, as and when needed.

The four elements provide greater access to services, improve health and wellbeing, develop enhanced coping skills and strategies, and will empower them to overcome barriers associated with current circumstances to promote independent living and improved quality of life .

We work with a range of other SME organisations (Armed Forces specific and non-Armed Forces related), and assist in the coordination when required, always operating in a way that serves the client's best interest



Who we work with, alongside, and supported by



University of
Salford
MANCHESTER

THE **Berne**
INSTITUTE



**THE
POPPY
FACTORY**

**HELP for
HEROES**
SUPPORT FOR OUR WOUNDED



NHS
Greater Manchester
Integrated Care

**COMBAT
STRESS**
FOR VETERANS' MENTAL HEALTH

**VETERANS'
FOUNDATION**

Blesma
THE LIMBLESS VETERANS



PYRAMID
PERFORMANCE

making
space

ssafa Lifelong support
for our Forces
and their families

citizens
advice

**PURE
INNOVATIONS**
The key to a fulfilled life

**Blind
Veterans
UK**

**National
Autistic
Society**

lifeLEISURE
liveFITNESS liveSPORT liveLIFE



NHS
Pennine Care
NHS Foundation Trust



**Veterans
UK**



**job
centre
plus**

**Public Health
England**



NHS
Central Cheshire
Integrated Care Partnership

SAMARITANS

**Greater
Manchester
Autism
Consortium**



NHS
Stockport
NHS Foundation Trust

ADHD UK

RFEA | THE FORCES
EMPLOYMENT
CHARITY

Sector3

STOCKPORT
METROPOLITAN BOROUGH COUNCIL

NHS
The Veterans Mental Health
and Wellbeing Service

**VIADUCT
CARE**



Active Ex-Forces Programme

A user led partnership project between Disability Stockport and Stockport Community Foundation, providing a high quality and varied program for Ex-Forces men & women to help reduce their isolation, helping to improve health and wellbeing, build confidence & self-esteem, helping them to reintegrate back into the community, and improve their independent living and quality of life.

Supporting Ex-Forces men & women in Greater Manchester with disabilities, brain injuries, ADHD, and autism to stay active

Valuing equality and inclusion across Greater Manchester

"Training together: it's about having a bit of fun whilst keeping fit and the camaraderie, whilst also improving in strength, movement, physical and mental health"

Helping you to improve your wellbeing, quality of life, and reduce your isolation
Be more active, improve your movement and mobility, burn off energy, feel more healthy, re-build your confidence, or lose weight

Join us for
All Abilities Exercise Session
at
Pyramid Performance Gym
4 West St, Stockport, SK3 0AB

EVERY Wednesday at 1300

Please contact Gav Jones first if you are interested in attending

Funded by
THE ARMED FORCES COVENANT FUND TRUST

Contact Gav Jones (Veteran Services Manager) on:
Mobile/Text: 07458 306246
Landline: 0161 480 7248
Email: gavin.jones@disabilitystockport.org.uk

In partnership with
PYRAMID PERFORMANCE

Supporting Ex-Forces men & women in Greater Manchester with disabilities, brain injuries, ADHD, and autism to stay active

Re-starting soon

FREE

Helping you to improve your wellbeing, quality of life, and reduce your isolation
Be more active, improve your movement and mobility, burn off energy, feel more healthy, re-build your confidence, and have fun

Join us for
Boxability
at
Brinnington Park Leisure Complex
Northumberland Rd, Brinnington, Stockport SK5 8LS

EVERY 2nd & 4th Friday of each month at 1330

Please contact Gav Jones first if you are interested in attending

Funded by
THE ARMED FORCES COVENANT FUND TRUST

Contact Gav Jones (Veteran Services Manager) on:
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Email: gavin.jones@disabilitystockport.org.uk

In partnership with
ABC

Disability Stockport & Stockport Community Foundation
Supporting Ex-Forces men & women in Greater Manchester with disabilities, brain injuries, ADHD, and autism

Helping you to improve your wellbeing, quality of life, and reduce your isolation

Join us for our weekly
Ex-Forces Park Brunch Meet Up
at
Etherow Country Park
George St, Compstall, Romiley, Stockport SK6 5JD

EVERY Tuesday 1030 - 1230

Pull up a sandbag for a brew, scrán, and banter in the fresh air on the park café patio (all weathers)
Bacon, Sausage, and Egg Barm's, and hot brews available to buy

Contact Gav Jones (Veteran Services Manager) on:
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In partnership with
PURE RECREATIONS

Supported by
Greater Manchester

The positive benefits on both the Veterans' physical and mental health through these activities is being measured in several ways, including the Short Warwick- Edinburgh Mental Well-being Scale (SWEMWBS) and the Work and Social Adjustment Scale (WSAS).

Social inclusion

all are valued
safe space
no xenophobia
fun
not forced to share
considerate
openmindedness
discuss social issues
no judgement
polite
listening
great discussion
no preferred pronoun
comfortable
collaborative
proactive
speak freely
engaged prof
all can share
no strong views
encourage quieter individuals
supportive
tolerance
no prejudice
patience
noone left out
all get along
mistakes OK
value uniqueness
respect

Ex-Forces Autism and Brain Injuries Social Group's (their ideas, their choices, our service)

*** For this programme, Ex-Forces men & women will be known as 'members'.*

- Enables isolated members or those at risk of becoming so due to having autism (diagnosed and/or undiagnosed) or a brain injury to enjoy socialising with peers in a safe space.
- Chat to someone in confidence if you feel you maybe autistic.
- Help improve confidence, wellbeing, and quality of life.
- Support to help navigate through the autism diagnostic assessment pathway.
- Make new friends and build new relationships.
- Empower members to participate in their own leisure/social activities within the community.
- Safe space includes, an outdoor area, and quiet rooms for those who feel overwhelmed by sensory overload.

Helping to reduce social isolation, and improve the wellbeing and quality of life of Ex-Forces men and women with autism and brain injuries



Promoting and valuing equality and inclusion throughout Greater Manchester



Come along to our
Ex-Forces Autism & Brain Injuries Social Group
Every 2nd & 4th Monday of every month 1600 - 1800
At Disability Stockport, 23 High Street, Stockport, SK1 1EG



Come and relax, have a brew and chat, in a safe, non judgemental, autism friendly environment
Play Pool • Play Table Tennis • Quizzes
Model Making • Curry Nights • and much more....
Would you like to come along? It would be great to see you
Please get in touch with Gav Jones to let him know

Contact Gav Jones (Veteran Services Manager) on:
Mobile/Text/Whatsapp: 07458 306246
Landline: 0161 480 7248
Email: gavin.jones@disabilitystockport.org.uk

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VETERANS FOUNDATION
Supported by
NHS
Greater Manchester Integrated Care

Supporting Ex-Forces with autism and brain injuries, to help reduce social isolation, and improve their wellbeing and quality of life



Promoting equality, diversity and inclusion throughout Cheshire



Ex-Forces Autism & Brain Injuries Social Group
Every 1st & 3rd Monday of every month 1800 - 2000
At
95 Sqn (Crewe) RAF Air Cadets, Lime Tree Avenue, Crewe, CW1 4JA
Come and relax, have a brew and chat, in a safe, non judgemental, autism friendly environment

All are welcome

Speak in confidence to any of our team if you need any advice or help

Contact Gav Jones (Veteran Services Manager) on:
Mobile/Text/Whatsapp: 07458 306246
Landline: 0161 480 7248
Email: gavin.jones@disabilitystockport.org.uk

Funded by
THE ARMED FORCES COVENANT FUND TRUST
Working alongside and Supported by
NHS
Central Cheshire Integrated Care Partnership
ROYAL AIR CADETS
the next generation

A member does not have to be an active case client of Live at Ease.

Ex-Forces All Abilities Choir

*** For this programme, Ex-Forces men & women will be known as 'members'.*

- Allows ex-forces men and women to try something new.
- Enjoy socialising with peers in a safe space.
- Help improve confidence, wellbeing, and quality of life.
- Help reduce social isolation.
- Make new friends and build new relationships.
- Feel valued and part of a team.
- Led by a professional MD and choir coach.
- Singing songs from theatre musicals, 80's and 90's pop, ballad's, soft rock, boy bands, mix and mash different songs, and much more.
- Access to information, advice, and support at any time when needed.

STARTING SOON

Hear our voice through singing
Supporting Ex-Forces men & women
in Greater Manchester and Cheshire
with disabilities, brain injuries, ADHD,
and autism



We are soon starting our new
Ex-Forces All Abilities Choir
at
Disability Stockport
23 High Street, Stockport SK1 1EG

Day and time to be confirmed

Try something new, have loads of fun with plenty of laughs, and forces banter

Interested in joining?
Contact Gav Jones (Veteran Services Manager) on:

Mobile/Text/Whatsapp: 07458 306246

Landline: 0161 480 7248

Email: gavin.jones@disabilitystockport.org.uk

Supported by

Greater Manchester
Integrated Care

Ex-Forces Recovery Support Social Group

*** For this programme, Ex-Forces men & women will be known as 'members'*

- A non-clinical group for ex forces men and women struggling with alcohol or drug dependency, or already in recovery.
- Chat with peers in a safe and non-judgemental environment.
- Strong links with clinical services.
- Help to improve health, wellbeing, and quality of life.
- Help to reduce isolation.
- Make new friends and build new relationships.
- Access information and advice.
- Assistance to engage with clinical services and support networks

STARTING SOON

We are supporting Ex-Forces men & women in Greater Manchester in recovery, to improve their quality of life and wellbeing



Helping you to improve your wellbeing through natural recovery

We are soon starting our new

Ex-Forces Recovery Support Social Group

at

Disability Stockport

23 High Street, Stockport SK1 1EG

**EVERY 1st & 3rd Friday of every month
1800 - 2000**

**Have a brew and chat, play pool or table tennis
Access information, advice, or support**

We work alongside and support drug & alcohol clinical services

Contact Gav Jones (Veteran Services Manager) on:

Mobile/Text/Whatsapp: 07458 306246

Landline: 0161 480 7248

Email: gavin.jones@disabilitystockport.org.uk

Supported by





NAAFI Break Information & Advice Drop-in's

Delivered fortnightly on set days, in key locations regularly to maintain consistency and build trust within the armed forces community in the service.



Starting date TBC, in partnership with Oldham JC+



Starting date TBC, in partnership with Stretford JC+

Supporting Ex-Forces men & women with ADHD, disabilities, autism, or brain injuries, to help them improve their wellbeing, quality of life, and help reduce their isolation



SUPPORT

- Low mood, anxiety, or depression
- Debts, arrears, budgeting, or cost of living struggles
- Employability support or In-work support

HELP

- Disability benefits new claims, reviews, and appeals
- Independent living support or at risk of homelessness

ADVICE

ASSISTANCE

- Feeling isolated or socially excluded
- Access leisure or social activities, or support groups and networks
- Disability adaptations/aids, blue badge, free bus pass, Motability scheme

Working alongside  **af7bc** ARMED FORCES COVENANT

NAAFI Break Information and Advice Drop-In

At the Crewe Community Hub, Crewe Market Hall
Every 1st Wednesday of the month
1200 - 1330

Email: gavin.jones@disabilitystockport.org.uk
Mobile/WhatsApp: 07458 306239 Landline: 0161 480 7248

Funded by  **THE ARMED FORCES COVENANT FUND TRUST**

Working alongside and supported by  **VETERANS FOUNDATION**  **NHS** Central Cheshire Integrated Care Partnership

Supporting Ex-Forces men & women with ADHD, disabilities, autism, or brain injuries, to help them improve their wellbeing, quality of life, and help reduce their isolation



SUPPORT

- Low mood, anxiety, or depression
- Debts, arrears, budgeting, or cost of living struggles
- Employability support or In-work support

HELP

- Disability benefits new claims, reviews, and appeals
- Independent living support or at risk of homelessness

ADVICE

ASSISTANCE

- Feeling isolated or socially excluded
- Access leisure or social activities, or support groups and networks
- Disability adaptations/aids, blue badge, free bus pass, Motability scheme

Working alongside  **af7bc** ARMED FORCES COVENANT

NAAFI Break Information and Advice Drop-In

At The Gateway, Warrington
Every 1st Friday of the month
1000 - 1200

Email: gavin.jones@disabilitystockport.org.uk
Mobile/WhatsApp: 07458 306239 Landline: 0161 480 7248

Funded by  **THE ARMED FORCES COVENANT FUND TRUST**

Working alongside and supported by  **VETERANS FOUNDATION**  **NHS** Central Cheshire Integrated Care Partnership

Any Ex-Forces men & women (and their family) of any age, with or without a disability and/or mental health difficulty can access the drop-in for assistance, through our '**no wrong door**' approach within Stockport Borough, Greater Manchester, and other surrounding areas

Welfare Advice, information & Support



Supported by and
working alongside

**citizens
advice**

Using Trauma Informed, 'No Wrong Door', and Social Prescribing approaches

- **Welfare advice** includes all aspects covering debt, benefits, and housing/homelessness.
- We are not providing financial assistance or advice, but we can help identify priority and non-priority debts, advocate on their behalf, and to establish any crucial time limits, bailiff proceedings, or legal action.

We can provide

- Basic benefits entitlement advice and navigation around the benefits system
- Assist with benefits forms (new claims, reviews, and supersessions)
- Assist with Mandatory Reconsideration process.
- We can accompany the client at benefits medical assessments to advocate and support
- Assist with income and expenditure forms

➤ **Information** for those who have capacity to act upon information given, making their own informed choice.

Types of information can include

- Blue Badge, Bus/Tram & Train concession passes
- Home care needs assessments
- Accessing localised support groups and networks, and health & wellbeing activities
- Applying for a Veterans badge or ID card
- Applying for service records or replacement medals
- Accessing other localised or national support charities (service related and non-service related) based on each individual need
- Disability aids and adaptations
- Mobility equipment
- Motability scheme

- **Support** will include aspects of advice, when there is an identified need for continued case management support, with no expiry time frame on it to improve the client's wellbeing, quality of life, and address the presented and any further identified underlying situation/s.

Support can include

- Assisting clients to maintain a tenancy and budgeting
- Assist clients who are at risk of becoming homeless
- Completing PIP, NSESA, NSESA50, and UC50 forms
- Assist with Mandatory Reconsiderations and appeals process
- Support them at assessments/appointments
- Accessing social activities and other support groups/networks
- Regular Wellbeing checks
- Help clients living in chaotic lifestyles to break the cycle
- Liaise with other support charities on the client's behalf
- Case managed co-ordination for clients requiring a multi-disciplinary support approach
- Help autistic clients through the diagnostic assessment referral pathway in their area
- Continued support post autism diagnostic assessment diagnosis.





Through coaching, we will help clients find their own solutions, develop their own skills and change their own behaviours and attitudes to improve self-confidence, wellbeing, quality of life, and independence, as well as address chaotic lifestyles and issues encountered through daily living.

Employability Support



‘STEP’ model

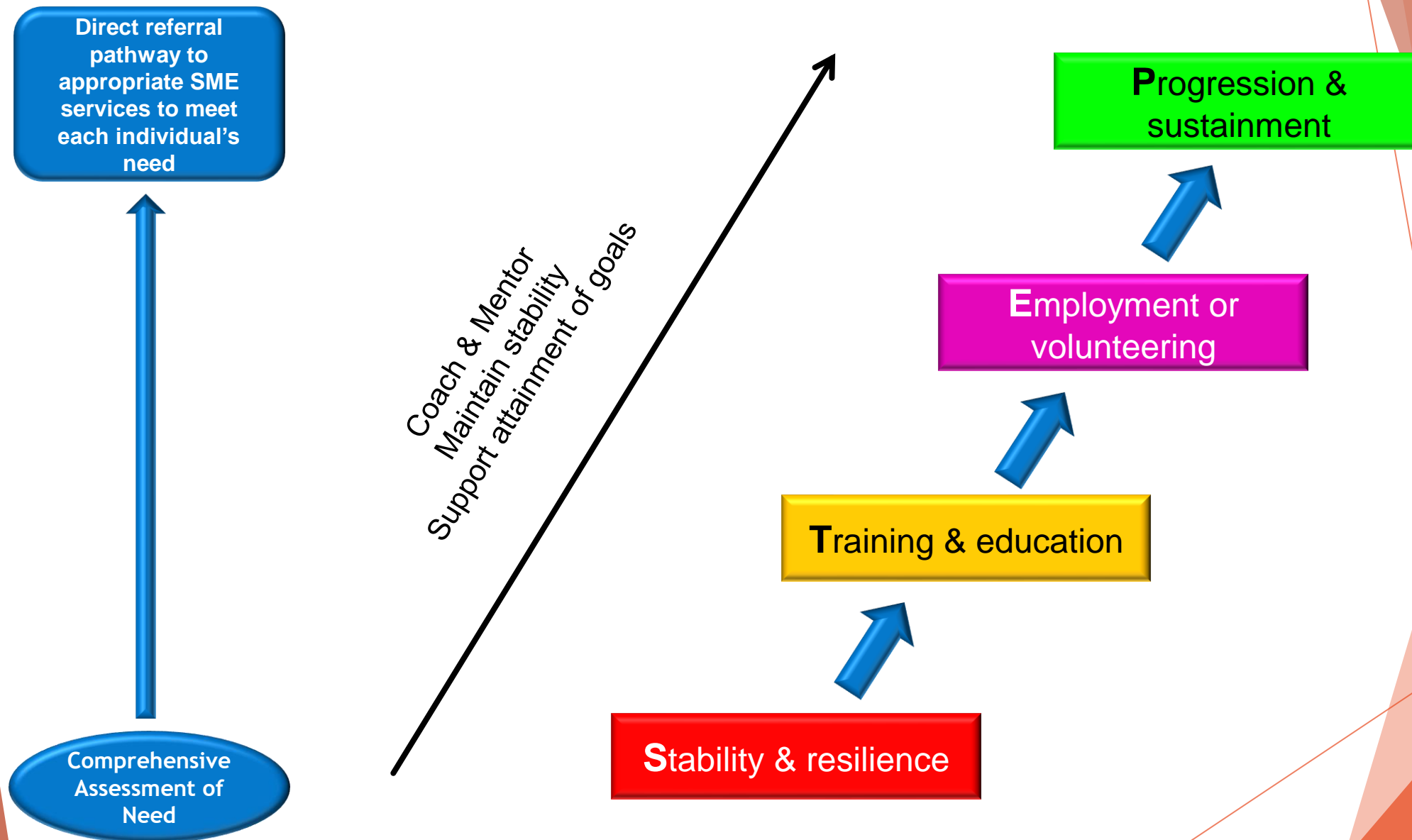
In partnership with



Working in partnership with Stockport Homes and Groundworks GM, working closely with several SME strategic partners, including, The Poppy Factory, and RFEA, to provide a collaborative tailored service supporting clients with a disability into meaningful and sustained employment.

Aim: To enable disabled and neurodivergent Ex-Forces men & women to live fulfilled and independent lives with reduced dependency on welfare organisation's, improved self-confidence, and feeling valued.

- ✓ **'Investing time'** - Break down barriers and the stigma of disability by focusing on ABILITY, by arranging work placements to prove their ability with the guarantee of an employed contract at the end if they meet the employer's business need and standard for that role.
- ✓ **'Fulfilled'** - it's not just about getting Ex-Forces men & women into jobs, as our focus is about getting them into the right job they'll enjoy, or if they are unable to work, then into some other fulfilling voluntary work or activities.
- ✓ **'Independent'** - This is about independence of thought, encouraging Ex-Forces men & women to broaden their horizons and to recognise that they have options. At the same time helping them to focus on goals and to make choices.
- ✓ **'Reduce'** - We want Ex-Forces men & women to feel that interaction with SME organisation/charities and support groups is a choice NOT a necessity. And the cost savings to services if we can help someone to secure paid work or to live a more independent life that improves their quality of life.





Skills for Life+

OPERATION Greenfingers

Saturday 25th Feb 2023 (1000 – 1300)
Woodbank Nurseries, Offerton, SK1 4JS

Time to get your hands dirty!

Operation Greenfingers will give you basic training on all aspects of gardening, including equipment check, site recce, tools, and techniques.

Stockport Homes, in partnership with Disability Stockport, are happy to provide this bespoke course for Ex-Military men and women, delivered by gardening expert (and Army Veteran) Jim McGarrie.

To book a space, contact Gav Jones (Veteran Services Manager)
Email: gavin.jones@disabilitystockport.org.uk
Tel: 0161 480 7248

15 places available

Infographic snapshot overview May 2022 - May 2023



52 Clients with disabilities, brain injuries, and autism have had continued case managed support



AUTISM
53% of the Clients were autistic
41% were undiagnosed and being supported by us to get diagnosis



7 Clients had Psychotherapy for childhood and/or post service trauma



NO WRONG DOOR
62 Clients have attended our community drop-in's for 'one off' appropriate information & advice meeting their needs



14 Clients were supported to maximise their income through benefit takeup totaling approx. £61,744.87



24 Clients were supported to reduce their debts totaling £325,000 through appropriate debt related solutions



29 Clients had specialised autism support to prevent further autistic meltdowns and shutdowns



21 Clients had continued support with budgeting and managing their tenancy to prevent homelessness



19 Clients with disabilities and autism are attended one or more of our health & wellbeing activities to help improve their wellbeing & quality of life, and reduce their isolation

Why Disability Stockport?

- We have a 42 years evidenced based history of providing a high level of specialised support to adults and their families experiencing physical disabilities, hidden disability, learning disability, sensory loss, ADHD, brain injuries. and autism, with complex needs who are resident in the Metropolitan Borough of Stockport and Greater Manchester
- We are trained and qualified
- We have decades of knowledge and experience within our staff
- We understand complex needs
- There is a severe gap in services/support for Ex-Forces with disabilities, brain injuries, ADHD, and autism within Greater Manchester, Cheshire, and the North West, which we can fill
- *We know what we are doing, and we do what it says on the tin*



We understand the Veteran profile and accommodate it through:

Helpful approaches...

- ✓ Build relationships and trust
- ✓ Be non-confrontational
- ✓ Be Flexible/imaginative
- ✓ Negotiate, collaborate
- ✓ Reduce anxiety & increase certainty
- ✓ Balance demands/tolerance
- ✓ See the person – explore interests, engage positively, and see their strengths
- ✓ Safety first but minimise ground rules
- ✓ Allow plenty of time & plan ahead
- ✓ Keep expectations simple
- ✓ Make reasonable adjustments to: Environment, Support style. Daily activities
- ✓ Positive – outlook & body language, expect the unexpected
- ✓ Stay Calm and level
- ✓ Play the long game – build personal understanding and self esteem



Preventing escalation...

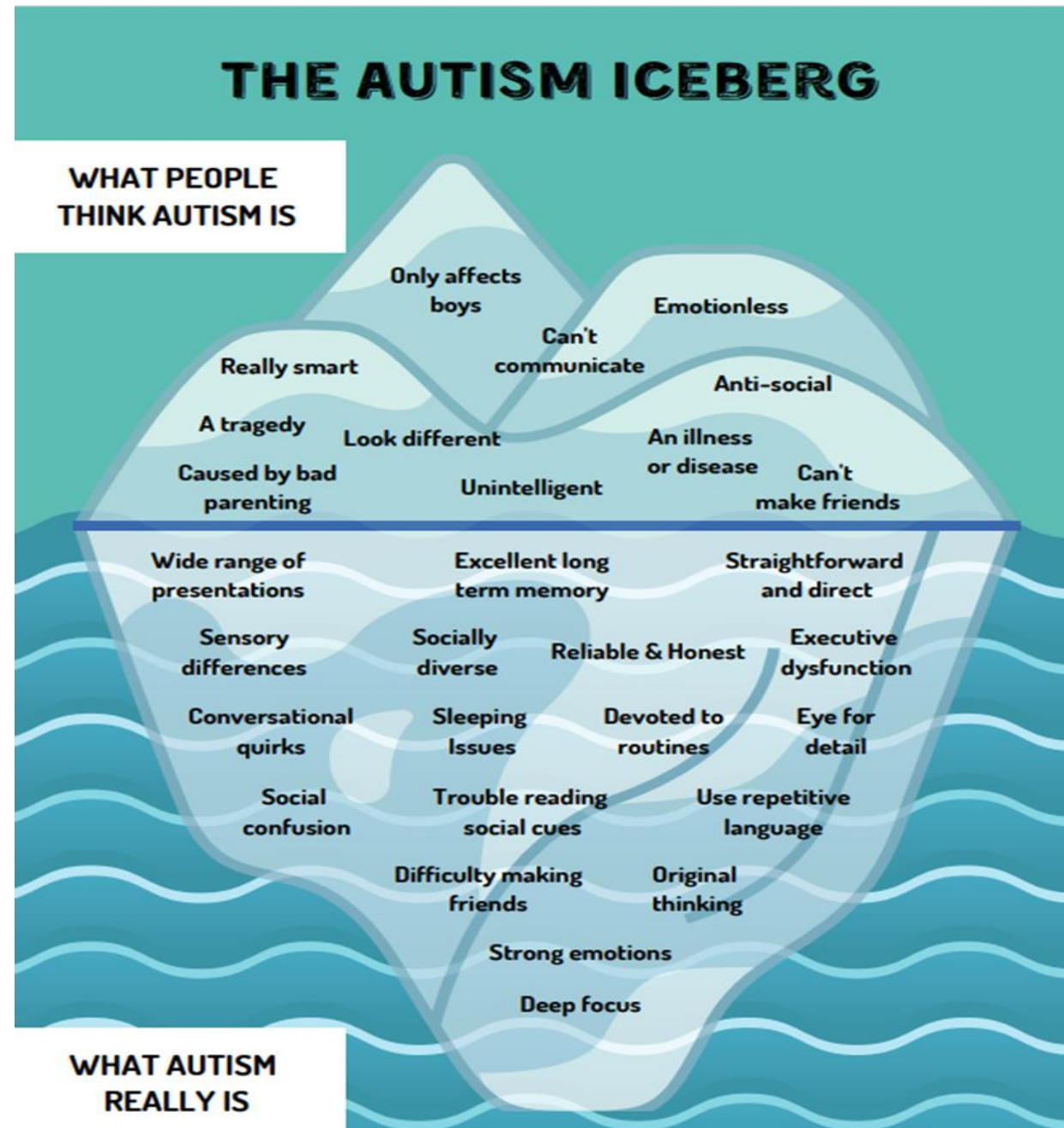
- Be non-confrontational
- Use a distraction technique, keep them busy
- Ignore if possible
- Alternatives that can't be interpreted as critical or hostile
- Use choice to help maintain some control over the situation
- Validate their feelings with a neutral phrase such as "I hear you"

Always remembering the Veteran profile...



~~X-Conventional approaches-X~~

We understand autism:



What works today might not work tomorrow.... But may work again next week



We fully understand complex needs and collaborative working

The success to supporting anyone with complex needs to move forward and improve their health & wellbeing, quality of life, situation, and have a brighter future, can only be achieved by working together and reducing confusion. Drawing upon other external resources and subject matter experts services, and provide a well-co-ordinated and case managed multi-agency collaborative approach.



Stockport based, Greater Manchester and Cheshire presence



How to refer in?

Page 1 of 2

Referral form to Live at Ease

Please complete both pages in full



REFERRER										
Name:					Date:					
Organisation/service:										
PERSONAL DETAILS										
Name:					DoB:					
Address:										
Post Code:					NINO:					
Tel No:		Email:								
Any Safeguarding or Risks/Triggers:										
Any language/communication barriers:										
Please indicate below for each question with an X in the box										
Does the person have any kind of disability, including, physical, mental health, learning difficulties, brain injury, sensory impairment, autism?								YES	NO	
Physical	MH (SR)	MH (NSR)	ABI	TBI	Autism/ADHD					
Visual	Hearing	LD	Other:							
Has the person served in the Armed Forces? (Enter details below)								YES	NO	
Is the person a dependent/partner of an Armed Forces Veteran?								YES	NO	
Is the person engaged with any support services/groups?								YES	NO	
Does the person feel isolated/socially excluded due to their disability and/or mental health difficulties?								YES	NO	
Is the person at risk of homelessness?								YES	NO	
Does the person have any priority urgent needs within 7 days?								YES	NO	
If URGENT, please state what:										
Person's military service details (indicate below with an X in the box)										
Royal Navy	Army	RAF	Royal Marines	Regular	Reserve					
Service Number:			Dates of service (years):							
Ship, Regt, Trade, Unit:										
Consent (indicate with an X as appropriate)										
Does the person consent to you referring them to Disability Stockport?								YES	NO	
Have you told the person we will send them a text or email to confirm they have been referred to us and the importance they answer when we ring them?								YES		

Please complete page 2 with as much relevant information as you can regards their situation, and if they are getting any current support, so we do not duplicate.

-CONFIDENTIAL-

Page 2 of 2

Please indicate below help/support required with an X in the box									
Wellbeing	Homelessness	Debt	Benefits	Welfare	Isolation				
Counselling	Support	Employability	Other -						
GIVE A BRIEF Outline of Identified Issue/s Or Support Required									
Please provide a brief outline of issues, support/help they require, and what information, advice and/or support you gave them so far. Any key dates or timeframes for benefits or housing issues									
<u>Attach their proof of their military service with your referral if you have it.</u>									
Advice, Information and/or Support given so far by you?									

By sending this referral form you confirm that the person you're referring has provided verbal consent for Disability Stockport to hold their name and contact telephone number for the purpose of contacting them, and if required to for us to discuss/act on their behalf if required with their Council's Revenue & Benefits team, DWP, their social or private landlord, GMP, and Adult Services.

Please send the completed referral to Gavin Jones (Veteran Services Manager) on;
gavin.jones@disabilitystockport.org.uk

-CONFIDENTIAL-

Gavin Jones

Veteran Services Manager

gavin.jones@disabilitystockport.org.uk

liveatease@disabilitystockport.org.uk