

# DIABETIC EYE SCREENING

Diabetic eye screening is a test to check for eye problems caused by diabetes and is an important part of your care. Screening is important to identify any issues and reduce or prevent damage to your sight.

**In Greater Manchester, there are almost 190,000 people presently living with diabetes**

Diabetic eye screening is different to a usual sight test. Eye drops are used to enlarge your pupils and photographs are taken of the back of the eyes to identify any changes related to diabetes.

Having regular eye tests with an optician is important to check for other conditions.

## Who can have screening?

If you have diabetes and you're aged 12 or over, you'll receive a letter every one or two years asking you to have diabetic eye screening (every two years if your last two tests were clear) and how to book the test.

This letter will include details of the recently launched Patient Portal App, where you can book, manage and see the results of your eye screening appointments, for those who prefer to manage their appointments online.

Double check that you are registered with a GP surgery to be invited for eye screening.

## Worried or need advice:

If you're concerned about a screening appointment or have any symptoms (e.g. vision has become worse – see full list at [Diabetic retinopathy – NHS](#)), don't wait for your screening:

- Speak to a GP for advice
- Contact the Greater Manchester South Diabetic Eye Screening Service on 0161 464 3000

**Search 'NHS Diabetic Eye Screening' for further guidance and details of easy read leaflets.**

*All information is provided by the NHS*



**To talk to someone in confidence, contact Healthwatch Stockport**

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