

Supporting Ex-Forces men and women who have autism, ADHD, a disability, a brain injury, or health related complex needs



Registered Charity No. 1133529

LIVE AT EASE



Helping you to improve your independence, wellbeing and quality of life, and help reduce your isolation

Supporting equality, diversity and, inclusion across Greater Manchester and Cheshire

We can help you with.....

- ✓ Benefits forms, reviews, appeals, and attend assessments with you
- ✓ Debts, arrears, cost of living, and budgeting
- ✓ Low mood, anxiety, and depression
- ✓ Employability support, and in-work support
- ✓ Independent living support, at risk of homelessness, or managing a tenancy
- ✓ Feeling isolated or socially excluded
- ✓ Accessing leisure activities, social groups, or support networks
- ✓ Advice on disability aids/adaptions, blue badge, free bus/tram passes, or the Motability scheme

Contact Gav Jones (Veteran Services Manager) on:

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