



"I am not alone and other parents go through the same"

"I am a more confident parent and met new people"



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES
Stockport

Empowering Parents Empowering Communities

Information Session

Join us!

Everyone is welcome who wants to learn more about EPEC – whether you're a parent, thinking about volunteering, or work with families in Stockport.

Friday 20th March 2026

1pm - 2.30pm

**One Stockport Family Hub Abingdon Road
Abingdon Road, Reddish, SK5 7EU**

Come along to:

- ✦ Learn about free EPEC parenting courses in Stockport
- ✦ Find out how parents can get involved and grow in confidence
- ✦ Connect with the EPEC team and volunteers
- ✦ Discover how EPEC supports families across Stockport



No need to book – just drop in on the day!
Questions? Email admin.epec@stockport.gov.uk

ONESTOCKPORT
Family Hubs

 **EPECstockport**