

What do EPEC courses cover?

The volunteer Parent Group Leader course is 12 week training programme which equips local parents with the skills, knowledge and confidence to deliver parenting programmes across communities. Topics include:

- Being a Parent course content
- Group Facilitation Skills
- Reflective practice skills
- Safeguarding
- Session Planning
- Equal Opportunities
- Group Process and group dynamics

What training and support do you get?

- Learn practical group facilitation skills to deliver the EPEC parenting programmes
- Optional training opportunities to support personal learning and development plan
- Access to ongoing support from the Stockport EPEC Hub team and wider Stockport family services. Access to further education and accredited learning
- Paid Childcare during training and delivery of courses and volunteer expenses

So how do you access the course?

You can speak to a member of the EPEC Team for any further information by telephoning: 0161 406 9558.

You can also email: admin.epec@stockport.gov.uk where you will be asked to provide your details.

“ Training is fun, interactive and supportive ”

“ I was made to feel very comfortable! ”

“ Loved the group discussions on what qualities and responsibilities a group leader would need. ”

“ Loved getting to know people better, finding out about some aspects of the BAP content ”

“ Learnt loads about the perfect parent, stereotypes and descriptive communicating ”

“ I can do this! ”



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PARENTS
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COMMUNITIES



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