

ONE STOCKPORT Family Hubs

stockport.gov.uk/familyhubs

Start well, live well
and thrive

Working together with
communities to support children,
young people and families.



Find information, help and support for you and your family in one place.

Anyone is welcome to contact us if you need information, help and support for the benefit of your family. We work as a team and will support you and your family from pregnancy to adulthood with any issue that affects your family, no matter how big or small.



We offer many services and can help you with:

- Pregnancy and antenatal care
- Infant feeding
- Children's health and development
- Play sessions
- Special educational needs and disabilities
- Parenting
- Housing
- Cost of living support
- Training and employment opportunities
- Finding childcare
- Youth activities
- Help to stop smoking
- Drug and alcohol misuse
- Sexual health
- Mental health and wellbeing
- Relationships



ONESTOCKPORT
Family Hubs

Family Hubs support is available in different ways. You can go to one of the local Family Hubs, where you'll find friendly and professional staff who can help you.

You can also use our online information, help and support web pages anytime, anywhere. Visit www.stockport.gov.uk/familyhubs or scan the QR code.

Or you can find Family Hubs support in other places, like local libraries and Life Leisure Hubs. Look for the Family Hubs signs or ask for help where you were given this leaflet.

