

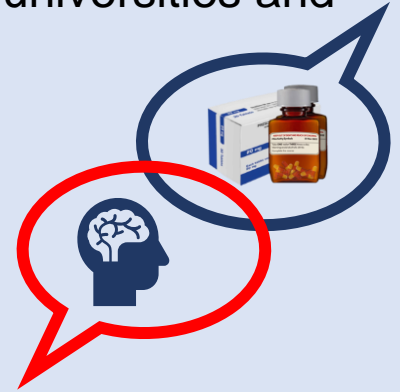


## Medications and My Mental Health

We are a group of researchers from different universities and self-advocacy organisations.

We want to hear about people's experiences of mental health medications in the lives of **adults with learning disabilities**.

Our aim is to develop a resource that will support the involvement of people with learning disabilities in decisions about their mental health medication.



We are looking for **family members** and **paid carers** involved in the lives of a person with a learning disability who:

- ✓ is aged 16 years or more
- ✓ lives in the North of England
- ✓ takes or has been offered mental health medication



Taking part would involve an interview over Zoom.

*To find out more...*

**Email or call Francesca & Dawn**



MedicationsAndMyMentalHealth@mmu.ac.uk



Dawn: 07468 743450

Francesca: 07464 531762