



Greater Manchester Independent Mental Health Network

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This August Advocacy Focus will be focusing on mental health awareness for ethnic minorities. Ethnic minority groups in the UK are not only more likely to experience mental ill health than white people, but are also more likely to be sectioned and forcibly restrained.

1 in 4 people from ethnic minority groups don't share their mental health issues, as they think no one will understand. Things like fear, stigma, racism, inequalities in wealth, cultural attitudes, language barriers and a lack of culturally sensitive treatment can act as barriers to accessing mental health care. For full details and to register visit:

Mental Health Awareness for Ethnic Minorities

Free webinar series for August 2021.

Session One: Young People

REGISTER NOW!



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focus