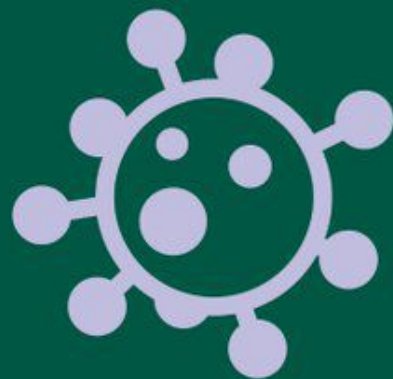


Coronavirus- getting benefits if you're self-isolating



There are benefits and grants you can claim if you have to self-isolate.

What you should claim depends on whether you have to stop working to self-isolate.

If you stop working and lose money because you're self-isolating, you might be able to get:

- **a self-isolation payment** from your local council
- **Statutory Sick Pay (SSP)** from your employer

Whether you were working or not, you might also be able to claim **Employment and Support Allowance (ESA)** from the government.