

A safe and friendly space to express yourselves and support each other:

- > Speak or listen in a LGBTQ+ safe space
- > Be anonymous if you prefer
- Make friends / connections with others
- 🥦 Talk about issues that are important to you
- y Guest speakers
- ≽ Fun monthly quiz

Join our online peer support group for people living with or caring for someone with dementia, who identify as LGBTQ+ (lesbian, gay, bisexual, trans, queer). We are here to provide you anonymity in a friendly and safe environment where you can share your experiences or concerns with like-minded people.

FIRST TUESDAY OF THE MONTH

2PM - 3.30PM

Zoom Meeting

https://zoom.us/j/93789107813pwd=MlJKQ1VlU20vS29RWVd4SE13QkJ1UT09 Meeting ID: 937 8910 7813 Passcode: pqzBR2

FOR MORE INFORMATION

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If you are from the LGBTQ+ community and would like some advice on any other services or would like to speak to someone please contact the LGBT Foundation on 0345 330 3030













