## Grief Café

## **Bredbury Library**

Monday 15<sup>th</sup> December 2025 3rd Monday of the Month



## 1.30pm - 2.30pm

in the community. Whether your loss is recent, anticipated or a long time ago; please join us for coffee, biscuits and a kind listening ear.





Please note this is a supportive discussion group not a counselling session.









