

Grief Café

Bredbury Library

Monday 16th February 2026

3rd Monday of the Month

1.30pm - 2.30pm

Libraries are a trusted space
in the community. Whether
your loss is recent,
anticipated or a long time
ago; please join us for
coffee, biscuits and a kind
listening ear.

Please note this is a supportive
discussion group not a counselling
session.

