

FREE ACTIVITIES & SUPPORT

For eligible residents in Stockport & Tameside

Activities available:

- > Learn to grow & cook your own food
- > Take part in talking therapy sessions
- > Upcycle your old clothes
- > Develop your IT skills
- > Learn how to manage your money better

Or simply pop in for a brew and a chat, every Tuesday from 1-4pm at:

 Tiviot Dale Church, Stockport, SK1 1TA

Contact us:

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Scan to find out more

