



GROWING UP A STORM!

COLLECT
YOUR PACK
FROM
GREEN
THUMBS

SATURDAY
2ND
JULY
FROM
11AM - 3PM



GROW AND LEARN WITH US FROM SEED TO PLATE

THIS YEAR THE CONTAINER COMPETITION HAS
TEAMED UP WITH COOKING UP A STORM

GROW AND HARVEST YOUR OWN VEGETABLES
AND HERBS AT HOME

WE'LL PROVIDE EVERYTHING YOU NEED TO
GROW YOUR OWN, PLUS COOK-ALONG VIDEOS
AND RECIPES

FOR MORE DETAILS: EMAIL
MARK.MITCHELL@GROUNDWORK.ORG.UK
OR

DROP INTO THE COMMUNITY HUB ON BERWICK PARADE