

# FEEL GOOD FRIDAYS

Heaton Norris Community centre

Heaton Norris Park SK4 1HZ

11am-2pm

**BINGO**

**QUIZ**

**LIVE  
ENTERTAINMENT**

**ARTS  
AND CRAFTS**

**GAMES**

**MINDFULNESS**

**Warm space**



Contact Sally for  
more details  
07584434568

