

Hawaiian Hula Dance

It would be hard to find another all-in-one activity that provides so many benefits that also happens to be pure loads of fun! Beginners most welcome

We convey the words and meanings of songs with our hands and arms, while keeping beat with steps, and making graceful movements with the hips and lower body

Fantastic for toning up the middle, and is very calming and graceful with beautiful music.

Workshop on **Tues 24th Aug'**
2pm at Cale Green Park, Davenport,
SK2 6JN By Davenport Railway
station Eeveryone welcome. Go
to HulaZOOM on Facebook for
FREE tickets or send text to
phone no below.

For bookings/info
Facebook HulaZOOM
07572 533 231

