

# Participants wanted for a Research study

## \*55-70 years old\*



Would you like  
to take part in a  
valuable  
research?

We are conducting a study looking at how pomegranate extract can affect inflammation, blood pressure, cholesterol as well as muscle and brain function in people who are 55 years and above.

You'll receive  
£50 Amazon  
voucher for  
completing the study

*You will be asked to attend our Laboratories on 3 different occasions. During each visit, we will measure your weight, height, waist & hip circumference, blood pressure and we will take a venous blood sample. We will also ask you to do some computerised cognitive tests and some physical activity tests.*

If you are interested in taking part and would like more information, please contact us by email (Jhama Malla, [j.malla@mmu.ac.uk](mailto:j.malla@mmu.ac.uk))

### Who can participate?

ALL genders between  
55-70 years & BMI  
between 18.5- 29.9  
Kg/m<sup>2</sup>

Regrettably, volunteers suffering from any disease (diabetes, heart disease, renal, or liver disease) cannot be a part of this study.

Scan to email me

