



Community  
Trust



# HEALTHY HATTERS

SOCIALISE AND MAKE NEW FRIENDS IN A WARM, WELCOMING AND RELAXING ENVIRONMENT.



**WE OFFER INDOOR  
CHAIR-BASED  
EXERCISES AS  
WELL AS OUTDOOR  
FUN ACTIVITIES  
INCLUDING LOW  
LEVEL EXERCISES,  
FOOTBALL,  
HANDBALL AND  
WALK & TALK**

## WHERE

Power League,  
Craig Road, Heaton Mersey,  
Stockport, SK4 2AP.

## WHEN

Every Monday, 10.30am - 12.30pm

**SESSIONS  
ARE FREE OF  
CHARGE**

Refreshments will be  
provided.

For further details please get in touch  0161 266 2700  [communitytrust@stockportcounty.com](mailto:communitytrust@stockportcounty.com)

# SIGN UP...

Bring this form along to your first session

First Name: ..... Last Name: .....

Date of Birth: ..... Telephone Number: .....

Address: ..... Postcode: .....

Email: .....

Ethnicity: ..... Ethnic Group: .....

Disability: .....

## Do we need to know of any medical history?

Yes:  No:  If yes, please let us know below:

.....  
.....

## Are you happy for us to take pictures and film sessions, this content may be shared on our website or social platforms?

Yes:  No:

We take our responsibilities about handling your personal data seriously, by asking you to provide an email address we will send you a confirmation of your sign-up which will include a copy of our full Privacy Policy.

Alternatively, you can request a copy by emailing [communitytrust@stockportcounty.com](mailto:communitytrust@stockportcounty.com) or giving us a call on 0161 266 2700.

If you have any safeguarding concerns please contact DSO Matthew Bailey via [m.bailey@stockportcounty.com](mailto:m.bailey@stockportcounty.com)

Disclaimer: By booking onto County's Adult Active Group at the Power League Centre your information may be shared with other funding providers.

Sign here: .....