

# Free Dementia Music Café

## Come and join the fun!

Every **Tuesday**

**2pm - 3.30pm**

During term times.

📍 Heaton Moor United Church, Stanley Road SK4 4HL

Full schedule on

**Musicinmind.org**

People with dementia and their carers welcome - no musical experience needed

**“A little piece of heaven in our week”**

**“We enjoy seeing mum enjoying herself... we never stop smiling”**

**“The sessions are full of playfulness, laughter, tears.. they are so inclusive and so much fun!”**



- Free to attend
- Make new **friends**
- Improve **wellbeing** and mood
- Help **people with dementia** to communicate and express themselves

To attend and for more information on parking and accessibility, contact  
**[gemma.cooper@togsmind.org](mailto:gemma.cooper@togsmind.org)** or please just **drop in**