

Forward

#RightsBeforeRainbows

Improving the wellbeing of the LGBTQIA+ community

**Helpline – Monday to Friday, 9am – 5pm:
07719 103 201**



For social contact or a friendly ear

Social activities

based on the 5 Ways to Wellbeing

**Hosts of Stockport RESPECT Network
(LGBTQIA+)**

Join our WhatsApp group for peer support



@ForwardCIC



@ForwardLGBT

www.forwardlgbt.org.uk

