## WHY DO MEN DIE BY SUICIDE?

JOIN US FOR A SPECIAL KNOWLEDGE-SHARING EVENT

## Male suicide is a public health crisis.

In the UK, suicide is the leading cause of death for men under 50. We urgently need to understand what is putting men at risk.

Join us for a special knowledge-sharing event, hosted by MANUP? and Dr Susie Bennett, from the University of Glasgow, to share the latest research into male suicide. Event highlights include:

## Latest Research Findings:

- How do societal expectations heighten some men's loneliness, feelings of failure and emotional suppression?
- What are some of the unseen barriers preventing men from getting support and how can we collectively dismantle them?
- What is the relationship between certain challenges in childhood and men's suicide risk?
- What can help men cope with suicidal distress?

Panel Discussions: Hear from local experts supporting men in crisis.

Who is this event for? This event is for anyone who works with, advocates for, or wants to better support men at risk of suicide.

Date: Thursday, December 11th, 2025

Time: 10:00 - 17:00

Location: Friends' Meeting House, 6 Mount St, Manchester,

**M2 5NS** 

To book your free ticked visit: malesuicideresearch.com/events





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