



Public Health  
England

**70 to 79 years of age?**

**It's time to have your Shingles  
vaccination, to protect you  
from the pain of shingles.**

Speak to your GP practice today  
and make an appointment.

For more information visit  
[nhs.uk/conditions/shingles](https://nhs.uk/conditions/shingles)

 **immunisation**  
Helping to protect everyone at every age