

**Disability Stockport & Stockport Community Foundation
working together supporting Ex-Forces to
help improve wellbeing, quality of life, and
reduce isolation**



**Disability • Autism • Sensory Impairment
Brain Injury • Mental Health Difficulties**

Stay active, have fun, enjoy some banter

Join us for

Park Walk & Wheels

at

Etherow Country Park

George St, Compstall, Romiley, Stockport SK6 5JD

EVERY Tuesday at 1030

Afterwards we will pull up a sandbag for a brew & banter in the park's cafe

Please contact Gav Jones first if you are interested in attending

Contact Gav Jones (Veteran Services Manager) on:

Mobile/Text: 07458 306246

Landline: 0161 480 7248

Email: gavin.jones@disabilitystockport.org.uk

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