

**Do you run a mental health peer support group?**



**Do you need support to grow?**



**\*\*\*Mental Health Peer Support – any peer-led activity that brings members of the community together to help support each other’s mental wellbeing\*\*\***

**Peer Support Directory:** We are looking to collate information about all mental health peer support groups across Greater Manchester in an online directory, so groups are easier for users to find, and for us to signpost to. If you'd like us to include your group, please get in touch. Details of the groups you run, and how to access them, will be posted on our website once compiled.

**Apply for the Greater Manchester Peer Support Innovation Grant!** Our Innovation Grant is designed to support new, or smaller, peer support groups with innovative ways of introducing peer support to the community. Applicants can apply for a grant of up to **£250** towards their project, or event, in a round of funding coming soon in October 2021.

Contact [greatermanchester@imhn.org](mailto:greatermanchester@imhn.org) for more information.