

Mooch & Mingle

A walking group for those with limited mobility who would like to get out a bit more and meet new people in a safe and supportive environment.



During the winter months we have access to the pavilion next to the bowling green, which is heated, and we have access to the kitchen for hot drinks. In the Spring/Summer months we meet by the picnic benches next to the car park, near the reservoirs. Everyone walks at their own risk.

For different abilities, we have two other walks:

Abney Hall Wanderers is a 30-40 minute walk around the area. It is suitable for people who like a weekly walk but one not too long in distance.

Woodbank Wanderers is a longer distance walk for individuals happy to explore various areas of the Peak District/Stockport. This walk ranges between 1-4 hours depending on location and weather conditions

Meet at

Alexandra Park in Edgeley

12:30pm till 2:00pm every Thursday



For further information, please contact:

communityhub@pureinnovations.co.uk or call 0161 804 4416