





# Nature Rambles 2022 with Signpost's Dave



#### WEDNESDAY 6TH APRIL - POOTLING AT POYNTON

A circular walk looking at a few early blooms, the local bird life and a few insects whilst taking in the tranquillity of this fine area. 50 species is the aim whilst strolling along.

### THURSDAY 19TH MAY - SPRING AT GATLEY CARRS

A gentle stroll looking at various aspects of the natural world with a picnic finish if the weather plays fair. An ever-improving site with plenty to discuss.

# TUESDAY 19TH JULY - FLOWERS OF FLETCHER MOSS

A botanical walk, enjoy the joys of wild flowers and the many bugs that inhabit this delightful area. Galls, the odd fungal specimen and a few birds will be thrown in too.

## THURSDAY ISTH SEPTEMBER - ROAMING AT ROMAN LAKES

A few early fungi, a fine selection of flowers, open water and a serene escapism all enhanced by good company, a brew and some cake to finish.

## WEDNESDAY 19TH OCTOBER - FUNGI AT FORMBY

A trip out on the minibus to the Sefton Coast were we will have a fungal wander and hopefully find a few special species.

Walks are held for Stockport's unpaid carers and are free, although any small contribution towards costs will be appreciated.

Walks usually take place from 10am – 12pm. Places are limited but there will be reserve lists.

For more details or to book a place call 0161 442 0442, email carersconnect@signpostforcarers.org.uk or visit www.signpostforcarers.org.uk/events