

NORTHERN LIGHTS STOCKPORT

(Supported by Stockport County Community Foundation)

PARKINSONS AND STROKE RECOVERY WALKING FOOTBALL



LAUNCH SESSION THURSDAY 20th JAN - 1.30-3.30pm

OPEN TO ALL AGES ,ABILITY LEVELS, GENDER .
NON CONTACT, SAFE , FUN, GREAT EXERCISE



WITH ENGLAND WALKING FOOTBALL MANAGER

STUART LANGWORTHY

WFA - FUN, FITNESS, FRIENDSHIP



Join us at LIFELEISURE AVONDALE , Heathbank Rd,
Cheadle Heath, Stockport SK3 OUP

TO REGISTER INTEREST
USE THE CONTACT FORM ON WEBSITE

WWW.NLPD 2019.COM OR call 07939 235250