

November 1<sup>st</sup>

*Simple Movements Improve Life Everyday  
(SMILE) session*

10:00-11:00

OLIVE  
*Sanctuary*



**A WEEKLY DROP IN SESSION TACKLING SOCIAL  
ISOLATION. OPEN TO EVERYONE 18+**

**EVERY TUESDAY**

**10AM - 12PM**

**STOCKPORT BAPTIST CHURCH**

**THOMSON STREET**

**SK3 9DR**

PLEASE CALL

0161 804 4416

FOR MORE INFORMATION

[www.pureinnovations.co.uk](http://www.pureinnovations.co.uk)