



## Stockport County Community Foundation



8 h · 🌐

This is very close to our heart's

Parkinson's and Stroke victims

All genders welcome and ages and fitness levels, just give it a go!

Exercise is so important especially, when living with these conditions

This is being launched the first walking football team in Stockport for Parkinson's.

Partners and caregivers are also welcome to help extend your network of people who understand!

Supported by the Foundation and Northern Lights PD, Parkinson's UK and Handy Ladies feeding the community

**PARKINSONS AND STROKE RECOVERY  
WALKING FOOTBALL**

