



Pen Pal  
Scheme

Are you, or someone you know feeling  
isolated, lonely or just want someone new  
to talk to?

## Then why not join the Healthwatch Stockport Pen Pal Scheme!?

To help you get started as a Pen Pal we will try to match you  
with someone with similar interests.

You will also receive a Healthwatch Pen Pal stationery pack  
which includes writing paper, envelopes and pens.

No personal details such as address and phone number need to  
be exchanged as all letters come via the Healthwatch office

If you would like to know more about the pen pal scheme  
please contact Shirley Hamlett on 0161 974 0753 or via  
[shirley@healthwatchstockport.co.uk](mailto:shirley@healthwatchstockport.co.uk)

What are you waiting for.....we'd love to hear from you!!

