**Person Specification**

Title: Mental & Physical Health Practitioner

Responsible to: Manager

Location: Stockport

|  |  |  |  |
| --- | --- | --- | --- |
|  | **CRITERIA** | **ESSENTIAL** | **DESIRABLE** |
| Qualifications | * A relevant qualification in health/social care e.g. NVQ, BTEC or similar | X |  |
| Skills, Abilities, Knowledge | * An understanding of the Mental Health Recovery Approach / Person-centred Working * Understanding of holistic health. * Good communications, empathic and inter-personal skills * Good organisational skills * An ability to prioritise work, make decisions, take responsibility and use your initiative * An ability to work within policies and guidelines * Good IT knowledge and skills e.g. Microsoft Office, including use of email and a basic database * Informal support skills * Knowledge of statutory & voluntary sector systems * Possession of a current full driving licence | X  X  X  X  X  X  X | X  X  X |
| Experience relevant to the role | * Experience of mental health services * One year’s experience of working with adults with mental health problems. * Experience of working with adults in the field of social care, on a 1-1 basis and in small groups * Experience of being in a supervisory role * Experience of community projects * Experience of facilitating group activities * Experience of working remotely as part of a team approach |  | X  X  X  X  X  X  X |

|  |  |  |  |
| --- | --- | --- | --- |
|  | **CRITERIA** | **ESSENTIAL** | **DESIRABLE** |
| Personal Qualities | * A commitment to enabling and empowering service users; * An ability to work effectively as part of a team; * A willingness to have some flexibility in hours worked, and to work some weekends and evenings (with notice) * A willingness to strengthen links with community organisations | X  X  X  X |  |

|  |
| --- |
| The role holder will need to go through the Enhanced-level DBS application process (SPARC will meet the costs of this), provide two satisfactory references and evidence of the right to work in the UK |